

Dr Hew Fen Lee,
Consultant Endocrinologist,
Puchong Medical Specialist Clinic, Subang Jaya Medical Centre
& APCO Member, MALAYSIA

Dr Hew works as an endocrinologist in a busy private tertiary referral hospital in Subang Jaya and a Specialist Clinic in Puchong covering endocrine conditions, including metabolic bone diseases.

He graduated in medicine from the University of Newcastle upon Tyne, United Kingdom, in 1987. He was awarded Fellow of the Royal College of Physicians in Edinburgh (FRCP) in 1998, and Fellow of the Australasian College of Physicians (FRACP) in 1996. He obtained his Doctorate of Medicine from the University of Melbourne, Australia in 1997. He was also a recipient of the National Australian Postgraduate Scholarship and the Novo Nordisk Scholarship from the University of Melbourne.

Dr Hew undertook his endocrinology training at St Vincent's Hospital, Melbourne in the Departments headed by Professor Jack Martin and Frank Alford, respectively. In 1996 he joined the University of Malaya, Malaysia as a lecturer, where he founded the Lipid Research Laboratory and co-founded the Osteoporosis clinic. In 1999, he was promoted to Associate Professor of the University's Department of Medicine.

Dr Hew is an active medical researcher in diabetes, metabolic bone disease and pituitary disorders, having published 55 papers in peer reviewed journals to date. He is a visiting lecturer in the Faculty of Health Sciences, University of Tunku Abdul Rahman, Malaysia. He has also served as a committee member charged with developing various Clinical Practice Guidelines in Malaysia for diabetes mellitus, osteoporosis, thyroid disease and growth hormone.

Furthermore, Dr Hew is the Immediate Past President and Council Member for the Malaysian Osteoporosis Society (MOS). He also serves as Head of the Education Subcommittee for MOS, which aims to raise the profile and awareness of the management of osteoporosis among healthcare professionals in Malaysia. In addition, he is past President and Council Member for the Asian Federation of Osteoporosis Societies (AFOS). He has just re-joined the Council of the Malaysian Endocrine and Metabolic Society, and is the Head of its Research Grant Subcommittee, which aims to support and encourage research among endocrine units and Fellows in Malaysia.

"It is important we work together to form an acceptable and practical standard of care for osteoporosis in the Asia Pacific region, to prevent and reduce future fractures," said Dr Hew.

"The APCO Framework should help health policy makers, healthcare professionals and even the public to focus on this silent disease, and to give the disease appropriate attention, to achieve better bone health and reduce future fractures."

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MEDIA ENQUIRIES: Kirsten Bruce & Mel Kheradi

VIVA! Communications

T +61 2 9968 3741 | + 61 2 9968 1604

M + 61 401 717 566 | + 61 421 551 257

E kirstenbruce@vivacommunications.com.au mel@vivacommunications.com.au

