

Dr Manju Chandran
Senior Consultant, Department of Endocrinology,
Director, Osteoporosis & Bone Metabolism Unit,
Singapore General Hospital &
APCO Executive Committee Chairperson, SINGAPORE

Dr Manju Chandran is a Senior Consultant in the Department of Endocrinology, the Director of the Osteoporosis and Bone Metabolism Unit at Singapore General Hospital, and the inaugural [Asia Pacific Consortium on Osteoporosis \(APCO\)](#) Executive Committee Chairperson.

After completing her Fellowship in Endocrinology, Diabetes and Metabolism at the University of California, San Diego School of Medicine, Dr Chandran, moved to Singapore in 2003, where she has been practicing ever since.

Dr Chandran is Chairperson of the Singapore Ministry of Health's Appropriate Care Guidelines for Osteoporosis Working Group and Vice Chair of the Asia Pacific Panel of the International Society of Clinical Densitometry (ISCD). In 2020, Dr Chandran was elected to the Board of the International Osteoporosis Foundation (IOF).

She is immediate past Chairperson of the Chapter of Endocrinologists of the College of Physicians Singapore, elected member of the Council of Scientific Advisors of the IOF, a past President of the Endocrine and Metabolic Society of Singapore, and an elected member of the Publications Committee of the American Society of Bone and Mineral Research (ASBMR) – importantly, the first woman from Asia to hold such a position. She is also an appointed Faculty Member of the Skeletal Rare Disorders Academy of the International Osteoporosis Foundation and a Task Force member of the 5th International Workshop on Parathyroid Disorders.

Dr Chandran also serves as Secretary of the Osteoporosis Society of Singapore and the Deputy Chair of the Asia Pacific (AP) Panel of the Regional Advisory Council of the IOF.

Dr Chandran's research and clinical interests include the Epidemiology and Health Economic Burden of Osteoporosis, Rare Bone Disorders, Renal Bone Disease, and Parathyroid Disorders. She has more than 125 publications in international peer-reviewed journals to her credit and, is a regular speaker at regional and international conferences in the fields of Endocrinology and Bone Metabolism.

She has won a multitude of international awards, including the IOF-ESCEO International Young Investigator Award for 2013, and the IOF Committee of National Societies Medal in 2015. Her Fracture Liaison Service at Singapore General Hospital, OPTIMAL, was the first in Asia Pacific, and the third worldwide, to clinch the Gold Star in the IOF's global *Capture the Fracture* campaign in 2015.

Dr Chandran also won the light-hearted but meaningful, Singhealth-DUKE-National University of Singapore Most Caffeinated Researcher Award 2019 – awarded to the researcher in the Singhealth group of institutions with the most positive attitude, who never gives up, and who always goes the extra mile when collaborating with others – a commitment and passion that she also brings to her role at APCO.

“Developing The APCO Framework has been a challenging, yet highly fulfilling task. It was heartening to see our APCO members, who represent 19 countries and regions in the Asia Pacific, working together, voluntarily, over many months, to achieve this common goal,” said Dr Chandran.

“The Framework represents the culmination of our APCO membership's knowledge, expertise and commitment to developing tangible solutions to the substantial challenges involving osteoporosis management and fracture prevention for the Asia Pacific – the most populated and fastest growing region of the world.

“The Framework will be instrumental in setting a new and enhanced benchmark for the provision of quality care across the region,” Dr Chandran said.

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